

# DuraSoft® TenderCare® Wristband Instructions

1. Print patient ID information and bar codes onto the DuraSoft® TenderCare® sheet and remove it from your laser printer.



2. Lay sheet on a flat surface, press down on corner at prompt. Turn sheet over and remove band from back of sheet. Notice there are multiple size options to choose from to ensure the most comfortable and secure fit.



3. Wrap the band around infant's wrist or ankle and thread through the slit in the band. Following hospital protocol, adjust the band for size and comfort.



4. Bend the tail back at the green tab to expose adhesive. Fully remove the adhesive tab liner.



5. Align the wristband and secure it by pressing the adhesive portion to the strap.



6. For smaller patients, you can gently pull any extra tabs off of the wristband by placing thumb at finger notch.



**WARNING: Wristband may restrict circulation if applied too tightly, resulting in nerve damage or tissue damage.**

When banding the infant, the wristband should fit snugly (similar to a watch band). In this way, when the infant loses excess body fluid during the first 24 hours after birth\*, the ID band will not become too loose.

\*Reference: Maternity and Gynecologic Care. The Nurse and the Family Jensen Bobak 1985 (pg. 679)